

Opportunities
For Youth in
Multiple District “A”

Youth Camps and Exchange

LEOS

Effective Speaking

PEACE POSTER

Lions Quest

MD‘A’ PEACE POSTER COMPETITION

GENERAL RULES

1. Clubs must purchase one Peace Poster Kit for each school or youth group it sponsors.
2. Kits are available at LCI from Club supplies from January 15th to October 1st.
3. November 15th is the deadline for clubs to submit their winning poster(s), one from each group sponsored, to the District Governor for District judging.
4. December 1st is the deadline for District Governors to send their winning poster for the District to the Council Chairperson.
5. December 15th is the deadline for the Multiple District winner’s entry to be sent to Lions Clubs International, Public Relations Department.
6. February 1st the International winners will be notified on or before this date.
7. It is recommended that Clubs purchase their kits early enough to let the schools or groups know ahead of time what is involved.
8. Cost for Kits is \$7.95. These kits contain all the information and promotional materials needed.
9. It’s a good idea to photocopy the rules for each child participating, which can be seen by the parents.
10. Artwork must be no smaller than 13 x 20 inches and no larger than 20 x 24 inches. This is VERY important.
11. Do not fold the artwork.
12. All artwork must be the student’s original creation.
13. Each Club, District may decide what prize they give to their winner(s)
14. MD‘A’ winner receives \$1,000.00 and paid travel, lunch and accommodation to the MD‘A’ Convention for him/herself and parents.
15. International winner receives \$2,500.00 U.S. and a trip to the United Nations for Lions Day in New York City (subject to change), plus an engraved plaque. Two family members and the sponsoring Lions Club president will accompany the winner to this award ceremony, which usually takes place in February or March.
16. 23 Merit award winners each receive \$500.00 and a certificate of achievement. Finalist posters are exhibited at the International Convention.
17. It is the District Chairperson’s ability to get their Clubs involved in the contest that will make the difference between success and failure.
18. Districts are asked to support this project by sending at least \$135.00 to the MD‘A’ Treasurer.
19. It is suggested that the Districts ask each club to contribute \$10.00 towards this expense and whatever prize the District may be giving.
20. Any questions should be directed to Coordinator PDG Ellen Fletcher. You can contact her at 705-671-2170, or by email at ellenfletcher@sympatico.ca or to Lion Darlene Priestley Chairperson of MD ‘A’ Opportunities for Youth, at 519-738-2322 or email to darlene.priestley@sympatico.ca.
21. Please read all the rules carefully.

Author – PDG Myra Kiernan

The Top Five Things Lions Need to Know About Lions Quest

1. What is Thrive! The Canadian Centre for Positive Youth Development?

Formerly known as Lions-Quest Canada, Thrive! is a registered charity established in 1988 dedicated to fostering positive youth development by producing and disseminating effective tools to empower and unite caring adults in all aspects of children's lives. These tools include innovative and well-researched programs, products, and training workshops for parent, educators and community leaders. Our mission is to empower adults to develop healthy, capable young people of strong character.

2. What do Lions Quest Programs teach?

Lions Quest Programs span from kindergarten level to young adult and focus on the positive development of assets in young people including self-discipline, good judgment, responsibility, skills and strategies to resolve conflicts peacefully, appreciation for diversity, making healthy choices, positive relationships with peers and family, and goal setting.

There are two types of programs currently offered – the Skills Programs (Skills for Growing for K-5, Skills for Adolescence for 6-8, and Skills for Action for teens and young adults) and the Conflict Management Programs (Working It Out for K-6, Working Toward Peace for 6-8, and Promoting Peace and Preventing Violence for teens and young adults).

3. What is the impact of the Lions Quest Programs?

There are over 50,000 educators across Canada who have attended a Lions Quest workshop and they are found in every province and territory. Schools report changes in behaviour after the introduction of Lions Quest. Examples of these changes include:

- A 15% drop in physical bullying and a 22% drop in verbal bullying in the school based on student surveys done before and after the introduction of Lion-Quest and a peer mediation program
- After the introduction of Lions Quest, visits to the principal's office dropped from 36 to 2 per week.
- Teachers spent more time teaching and less time on discipline issues
- Students, parents and teachers enjoyed being at school more

4. How are Lions involved?

Lions Clubs International Foundation purchased the Lions Quest Skills Programs from Quest International and is currently renewing their commitment to serving young people through the implementation of Lions Quest Programs in communities around the world.

In Canada, Lions have been responsible for funding the training of over 35,000 individuals from local fundraising efforts and by committing over \$1.8 million (CDN) through the Lions Clubs International Foundation's Core Four Program.

Lions Club members are also involved in the on-going support of schools that use Lion-Quest Programs by continuing to support the purchase of student material year to year, by acting as resource people for service learning, and by participating in school climate committees.

5. What does it cost to train a teacher?

There are a number of variables to this cost, but on average it costs approximately \$350 to provide a teacher with the training workshop and their manual. This number can be reduced if the school district has their own trainers and /or other expenses (workshop facility, meals etc) are donated. To outfit a class of 25 students with material it costs between \$90 and \$130.

For more information contact-
Lions Quest Programs
427 Elgin Street North, Suite 1
Cambridge, ON, N1R 8G4

www.lionsquest.ca
joanne@lionsquest.ca

LIONS INTERNATIONAL YOUTH CAMP & EXCHANGE PROGRAM

- A life-changing *cultural* experience. (Not conducted for tourism, education or employment.)

- **Types: Exchanges:** Ages 15 - 21.

More than 190 possible countries.

4 - 6 weeks with host families.

Experience family life overseas.

Camps: Ages 16 - 22.

More than 100 Lions camps in ~ 39 countries.

1 - 2 weeks long.

Usually includes a family stay of 1 - 4 weeks.

Activities: Tours, sports, presentations, etc.

- Participants *must be sponsored* by a local Lions Club.
- Most sponsor clubs will assist with *costs*.
- *Main costs* are airfare and camp fees (some camps only).
- *Application forms* from local club or from District Chair.
- **International Website:** www.lionsclubs.org "English"
"Our Work" "Youth Programs" "Youth Camp & Exchange"
+ links
- **MD"A" Coordinator:** Lion Jack Oatway 705-866-2736
<sharon.jacko@yahoo.ca>
- **MD"A" Opportunities For Youth Chair:** Lion John Harvey
905-768-3498 <harv@optionsdsl.ca>

LEO CLUBS

Leo clubs are an affiliation of Lions Clubs. Leo Clubs cannot exist without the approval of a Lions Club sponsor. Leos work with their sponsoring Lions Club to help communities address unmet needs.

CLUB TYPE;

There are two types of Leo Clubs and all Leo Clubs must be sponsored by a Lions Club.

1. Community-based Club – Members are all from the local area.
2. School-based club – Members are all from the same school or college and must have permission from their principal or activities director.

CATEGORIES OF CLUBS;

The Leo Club program offers a two-track approach to better help the needs of club members: Alpha and Omega. All clubs must declare their club as either Alpha or Omega Leo Clubs. Track specific materials will be mailed to each club.

ALPHA Clubs are for youth between the ages of 12 and the legal age of majority in their country. This focuses on the individual and social development of teens and pre-teens.

OMEGA Clubs are for youth between the legal age of majority in their country and an age deemed appropriate by the multiple district. This focuses on the personal and professional development of young adults.

FINANCIAL OBLIGATION OF A LEO CLUB

The Leo club organization fee is US \$100.00 or the national currency equivalent. This one-time fee includes:

- The costs involved in processing the Leo Club application
- A Certificate of Organization
- A Leo Officer's Kit
- A Leo Club sponsor Kit
- 20 new member Leo Kits, including lapel pins, membership cards and certificates, a welcome letter and Leo decals

Note: If there are more than 20 originating members in the new Leo Club, each additional member is assessed the new member fee of US \$5.00 and provided with a new member kit. This fee is charged to the sponsoring Lions Club at the time of certification (in addition to the US \$100 Leo Club organization fee).

ANNUAL FEES

Lions Clubs are also responsible for the annual Leo Club sponsor levy of US \$90.00 or the national currency equivalent. The levy pays for Leo Club Program materials, mailings, club record maintenance, communication, awards and Website maintenance.

The annual sponsor levy is prorated for clubs certified within the fiscal year.

If a Leo Club is cancelled, a notice in writing must be sent to the Youth Programs Department by December 15 to receive levy credit for the current year only.

STARTING A NEW LEO CLUB

STEP 1 Request a free Organization Kit from Lions Clubs International. www.lionsclub.org Check out Leos.

STEP 2 Arrange a meeting with Lions club members to explain the responsibilities of Leo club sponsors. Explain that every Leo club must have an advisor. This advisor must be a Lion who enjoys working with young people. School-based Leo clubs often require a teacher or school administrator to serve as a co-advisor.

STEP 3 Appoint three or more Lions to serve on a Leo club committee.

STEP 4 Determine if the new Leo club will operate in conjunction with a local school, church, or other community group. Often, outside agencies require the appointment of their own club leader or advisor. This agency must agree to fulfill Leo Club program responsibilities.

STEP 5 Obtain the names of potential Leos from schools, houses of worship, youth groups and friends and relatives of Lions Club members.

ORGANIZING THE NEW CLUB

STEP 1 Announce the day and date for a Leo club formation meeting. Inform local young people about this meeting through notices sent to school, religious youth groups, community programs and the local media.

STEP 2 The organization meeting should explain the philosophy of the Leo club program. Lions should be prepared to answer questions concerning: requirements for membership, and activities undertaken by Leos.

STEP 3 Distribute the Application for Membership. Leo leaders can then submit a signed Leo Club Organization Report and the fee of US \$100 to the Youth Programs Department at LCI. Only registered Leo clubs will receive a Leo Club charter and Leo membership materials.

STEP 4 After review of the applications by Lions, the Leos can vote to accept: the original members, the Leo Club Constitution and Bylaws, Club officers, a specified amount for member fees and a day, place and time for club meetings.

LAUNCHING THE CLUB

STEP 1 Plan the Installation Ceremony. Together, the Leo club officers and Lions on the Leo Advisory Committee plan the Leo installation ceremony as outlined in the Leo Club Officer Installation and New Member Initiation.

STEP 2 Invitations – Invitees to the ceremony should include: Lions Club members, Parents and friends of the new Leo club members, representatives of outside agencies such as schools, religious youth groups or community programs, Lions and Leo District Officers, as well as local media representatives.

STEP 3 The Ceremony The highest-ranking Lions official presents the Leo Certificate of Organization to the club officers and the Leo Club members receive their new member kits.

**** There is a lot of material available for download on the MD “A” website. You can get it by going to the Lions Resources link from the home page and then click on the link to Leos.**



EFFECTIVE SPEAKING

Effective Speaking is the oldest, continuous contest being held in MD'A'. It began with an idea proposed at the Governors Council meeting, July 31, 1944 at the Sherman Hotel, Chicago. Council Chairman Kenneth Rogers, Toronto stated the Council approved of the District Oratorical contest which previously had received blessing at the Elgin House, Muskoka convention. A committee was formed and International Director Dr. Charles O. Lennox was named the Chairman. Director Lennox stated that the primary object was an educational one for the Secondary School pupils, the subject to be "What Canada can do for me in the next 20 years, and what I can do for Canada in the next 20 years.

At the September 1945 Council meeting, Dr. Lennox stepped down and said that a new committee has been set up and Lion Hal Meir has accepted the Chairmanship. International Councillor Rogers stated that another Service Club is very much interested in this project throughout Ontario for High School students. He suggested that Lions generally, and the Committee in particular, be very much on the job, as the other organization is keen and will take it over.

At the September 1946 Board of Governors meeting, Chairman, District Governor Hal Meir reported on the work of the committee and stated that all rules were now in booklet form and would be distributed to all concerned. In addition to the prizes listed, there would also be a first prize for the best boy and girl in both French and English. Deputy District Governor Armand Viau requested that arrangements be made for the winning contestants to broadcast their talk over the radio coast to coast.

At the January 1947 Council meeting it was decided to go ahead with the contest and that trophies be purchased for the best boy and best girl speakers in English and the best boy in the French category. It was decided that the cups be awarded to the clubs with the winning contestants for safe keeping during the year and returned to the District for awarding at the next succeeding Convention, with replicas of the award being given to the contestants themselves.

The first weekend in May 1947 was selected as the contest for all of MD "A" to be held. Records show that Dorothy Snow of Parry Sound, and, Mervyn Grove of Markham were the English speaking female and male winners. There were no French speaking competitors until 1952 a competition for boys was held and in 1956 a competition for girls was held. This format continued until 1994 when it was decided that the following year would change the format to Senior and Intermediate categories but in a unisex format.

Again a change was made in 1997, after the 50th anniversary, to include a Junior category made up of students from Grades 7-9. And so to this day, we have 3 categories in both English and French. Only minor changes are being done from time to time as the basic format has proven itself to be very good and solid.

PURPOSE –The Effective Speaking contest is to provide an opportunity for competitive effective speaking and to stimulate self-expression and independent thinking among students.

ELIGIBLE CONTESTANTS – The contest is open to students enrolled in public or private school or their equivalent in Multiple District “A”. What a wonderful opportunity for youth in our areas!

DIVISIONS – The contest consists of three grade divisions within each of the English and French categories: Junior – Grades 6, 7, 8, Intermediate – Grades 9, 10, Senior – Grades 11, 12.

SPEECHES – The contestants will present his or her selected topic, partisan politics and sectarian religion excepted. Each must be the original work of the speaker.

Junior- The speech should be at least three minutes in length but not exceed five minutes.

Intermediate and Senior- The speech should be at least five minutes in length, but should not exceed seven minutes.

A penalty of one point for every fifteen seconds or portion thereof, under or over the time limitation, will be imposed.

Each speaker only in the Intermediate and Senior divisions shall be required to give an impromptu speech two – three minutes in length. Each will draw from a group of topics.

CLUB CONTEST- The President of each local Lions Club shall appoint a member to be the Effective Speaking Club Chair. It is this Chair’s duty to see that each school or youth group is contacted. If you have several contestants, you may wish to hold a **club contest** first. **All the pages needed for this are listed on a download on the MDA website <http://www.mdalions.org>** Each club in MD “A” has been given a Rules and Regulations Book.

DISTRICT CONTEST – The District Chair Shall decide if a Zone or Region Contest is warranted, otherwise the club winners may advance to the District Finals.

MULTIPLE DISTRICT “A” CONTEST – Each District may enter the winners of each division within each language category in the Multiple District Contest. This is held each year on the first Saturday of May. A contestant attending the Multiple District Contest must be accompanied by a Lion member and a parent/guardian. The judging will take place in the morning and the three winners of each category and division will speak at the banquet in the evening. The sponsoring Lions Club must have contributed to the MDA funds. The club or District is responsible for paying all expenses of an authorized contestant. Funds are also submitted at \$45.00 per club who donates in the District. The Multiple District “A” Effective Speaking Coordinator is in charge of this contest.

AWARDS – Each club and District may decide on its own prize structure. Following the conclusion of the MDA Contest, contestants will receive a certificate of participation. The winner in each division will be presented with an MDA trophy to keep for one year. Appropriate keeper awards are given to the first, second and third place winners. Each receives a monetary prize.

	<u>Junior</u>	<u>Intermediate</u>	<u>Senior</u>
First Place winners	\$500	\$1 000	\$1 000
Second Place winners	\$200	\$500	\$500
Third Place winners	\$100	\$200	\$200
All other contestants	\$50	\$50	\$50