



# The International Association of Lions Clubs

## St Davids District Lions Club



Bradd Anderson — Family Meal Kit Coordinator  
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March 24, 2022

Attention: Louise Agnew A-2 GST

Subject: St. Davids Lions Family Meal Kit Service Projects

Hello Lion Louise,

As requested below and attached is a summary and a local news article about our St. Davids Lions Family Meal Kit Service Projects.

- As a result of the significant need for food bank support, the St. Davids Lions adopted our Family Meal Kit Project.
- Lion Deb. Chagnon suggested the service project to PCC Bradd Anderson and the two coordinate what is now our clubs now signature project.
- We just completed our 5<sup>th</sup> meal kit building project. Each project produces between 125 to 165 meal kits. Each kit will feed a family of 4-6 persons.
- We have 6 tested recipes that have varying types of protein: Salmon, Tuna, Chicken, Ham or Beans.
- Each kit contain food items donated by St. Davids Lions members, the community or from our club's Meal Kit budget.
- The meal kits are distributed between 3 food banks and a women's shelter located in Niagara Falls, Niagara on the Lake and St. Catharines.
- Our Facebook posts have allowed our St. Davids Family Meal Kit project to be shared and then adopted by other Lions Clubs.

Regards,

PCC Bradd Anderson



# Newark Neighbours says thanks for meal kits



**Cindy Grant**  
Food Bank manager

Newark Neighbours was thrilled and incredibly grateful to recently receive a very generous donation from the St. Davids Lions Club. On Wednesday, March 9th, the club delivered 30 casserole meal kits for our food bank clients, with a variety of five types of meals. Each kit contains a recipe, canned or boxed ingredients, measured pasta and spices to make a nutritious and satisfying meal for a family of four.

Our food bank clients, and their families, are very appreciative of these meals. This donation will go a long way in helping Newark Neighbours achieve our vision that “no resident in Niagara-on-the-Lake need be hungry”. Our sincere thank you goes out to all members of the St. Davids Lions Club — you made our day!



Newark Neighbours volunteer Susan Sparrow-Mace shows off a couple of the meal kits donated by St. Davids Lions, intended for clients of the food bank. *(Photo supplied)*



St. Davids Lions and Lioness prepared 165 meal kits to distribute to Newark Neighbours, St. Catharines Community Care and Westview Center for Women. *(Bill Brouwer)*